

# Our wellness offers for you

# For a relaxed glow

Facial treatment for her or him	
Facial cleaning, exfoliation, mask, facial massage, daily care	50 min – 89,00€
Facial treatment Deluxe	
Facial cleaning, exfoliation, eyebrow correction, facial massage, intensive mask, daily care, hand massage and foot bath	80 min – 128,00€
All-round coddling	
Body exfoliation	
The Dead Sea salt frees the skin from excess or dead skin cells. Ideal as preparation for an even tan and velvety soft skin.	25 min – 49,00€
Full body massage	
Tensions are eased, complaints are alleviated, the ability to concentrate is promoted and in the case of fatigue/exhaustion new energy is restored.	50 min – 94,00€
Intensive back treatment	
Say good bye to blockages! With the cupping technique, tensions are relieved, and the back and neck muscles are loosened. Pure deep relaxation!	50 min – 96,00€
Fango back compress + back massage	
The mud back compress strongly promotes blood circulation to the skin and muscles. It lowers muscle tone, which reduces pain. Pure relaxation and regeneration for your back!	50 min – 88,00€
Fango compress	
Applied selectively as a back compress or individually on knees and joints. Soothing warmth for muscle and joint pain.	25 min – 39,00€



### Combi massages

Combinate two of the following partial massages: Back, feet, legs, head and face

50 min – 94,00€

25 min – 49,00€

#### Partial massages

Head and face massage Back massage Leg massage Foot massage

#### Foot reflexology

Foot bath with alkaline powder, followed by a foot reflexology massage. This can alleviate a variety of complaints throughout the body. The massage stimulates the blood circulation in the whole body and activates self-healing powers. 50 min – 79,00€

#### Pressotherapy

Improves the function of the vascular and lymphatic system;ideal against water retention and heavy legs20 min - 39,00€

## Taping

Taping is a supportive therapy option for back and joint pain,<br/>headaches and muscular tension. In the case of inflammation20 - 25 minand injuries, the tape stabilises the affected joints, ligamentsSmall Taping 12,00 €and muscles without restrictingBig Taping 16,00 €

It is best to arrive 10 minutes before your appointment so that you can drink a glass of water in peace and quiet and get in the mood for your treatment.

Please inform us at the beginning of your treatment about any current particularities such as allergies, high blood pressure, heart disease, pregnancy, recent surgery, etc.

If you are unable to attend your treatment, please let us know immediately. We also thank you for your understanding that we have to shorten your treatment accordingly in case of delays.

Our therapist Teresia is available to you
at the following times:

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Montag	9.00 – 13.00 Uhr
Dienstag	12.00 – 17.00 Uhr
Mittwoch	9.00 – 13.00 Uhr
Donnerstag	14.30 – 19.30 Uhr
Freitag	9.00 – 13.00 Uhr